











## ACTIVITY PROGRAMME

## CROFT MANOR

Activity Rota MARCH2018	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Week 4 Feb 26 <sup>th</sup>	<b>MUSIC</b>  Bryan 2.15pm	<b>Hairdresser</b> ***** 1.45pm BINGO Bryan 121's Lounge	<b>FLOWER ARRANGING</b> 2.45pm Sharon 	<b>Amanda</b> 121's 11.15am Bedrooms ***** <b>QUIZ</b> 3.15pm Sharon	<b>1.30pm Bryan</b> <b>SINGING</b>  121's-Lounge	Tea in the Lounge  <b>Songs of Praise</b>
Week 1 Mar 5 <sup>th</sup>	 <b>Sharon</b> 2.30pm ***** 121's-Lounge	<b>Sharon</b> 10.15 121's-Bedrooms  <b>Manicure Morning</b> ***** 1.45pm MUSIC Bryan	<b>Bryan</b> 10.15 121's Lounge  <b>ART</b> Sharon 2.45pm 	<b>EXERCISE</b> 11.30am Bryan ***** Sharon 3.00pm <b>QUIZ</b>	<b>Sharon</b> 10.15 121's Bedrooms  10.15am Bryan  <b>SINGING</b>	Tea in the Lounge  <b>Songs of Praise</b>
Week 2 Mar 12 <sup>th</sup>	<b>10.45 SUE YORKE</b> <i>Music for Health</i>  11.30am Amanda 121's-Bedrooms	<b>Bryan</b> 10.15 121's Bedrooms  <b>Hairdresser</b> ***** 1.45pm BINGO Bryan	<b>REMINCENCE</b> Sharon 2.45pm 	<b>CRAFT AFTERNOON</b> 1.45pm Sharon  121's -Lounge	<b>1.30pm Bryan</b> <b>SAXOPHONE</b> Yvonne-hands on massage1.30-2.30 121's-Lounge	Tea in the Lounge  <b>Songs of Praise</b>
Week 3 Mar 19 <sup>th</sup>	 <b>Sharon</b> 2.30pm ***** 121's-Lounge	<b>Sharon</b> 10.15 121's-Bedrooms  <b>Manicure Morning</b> ***** 1.45pm MUSIC Bryan	<b>Bryan</b> 10.15 121's Lounge  <b>ART</b> Sharon 2.45pm 	<b>EXERCISE</b> 11.15am Bryan ***** Sharon 3.15pm <b>QUIZ</b>	<b>Sharon</b> 10.15 121's Bedrooms Yvonne-hands on massage11-12 10.15am Bryan  <b>SINGING</b>	Tea in the Lounge  <b>Songs of Praise</b>
Week 4 Mar 26 <sup>th</sup>	<b>MUSIC-11.30am</b> Amanda  Bryan 3.30pm 121's-Lounge	<b>Bryan</b> 10.15 121's Bedrooms  <b>Hairdresser</b> ***** 1.45pm BINGO Bryan	<b>FLOWER ARRANGING</b> 2.45pm Sharon 	<b>EXERCISE</b> 1.45pm Sharon  121's -Lounge	<b>GOODFRIDAY</b> 	<b>EASTER WEEKEND</b> 