









ACTIVITY PROGRAMME

CROFT MANOR

Activity Rota February 2018	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Week 5 Jan 29 th	MUSIC Ann 11.00am	Hairdresser ***** 1.45pm BINGO Bryan 121's-Small lounge	FLOWER ARRANGING 1.45pm Sharon 	Amanda 121's 11.15am Bedrooms ***** QUIZ 1.45pm Sharon	10.30m Bryan SINGING 	Tea in the Lounge Songs of Praise
Week 1 Feb 5 th	 Sharon 2.30pm ***** 121's-Bedrooms	Manicure Morning ***** 1.45pm MUSIC Bryan 121's -Small Lounge	ART Sharon  1.45pm	GAMES 11.30am Bryan ***** Sharon 1.45pm QUIZ	10.15am Bryan SINGING	Sun 11 th Yvonne 11-12 Hands on massage Tea in the Lounge Songs of Praise
Week 2 Feb 12 th	10.45 SUE YORKE <i>Music for Health</i> 2.15pm Bryan BINGO	***** Hairdresser *****	EXERCISE 1.45pm Ann 121's -Small Lounge	Amanda 121's 11.15am Bedrooms ***** QUIZ 1.45pm Amanda	11-12 Hands on massage 10.30am SAX Bryan	Sat 17 th Sylvia 11.30 Tea in the Lounge Songs of Praise
Week 3 Feb 19 th	 Sharon 2.30pm ***** 121's-Bedrooms	Manicure Morning ***** 1.45pm MUSIC Bryan 121's-Small Lounge	REMINCENCE Sharon 2.45pm 	EXERCISE 11.15am Bryan ***** Sharon 3.15pm ART	10.15am SINGING Bryan	Tea in the Lounge Songs of Praise
Week 4 Feb 26 th	MUSIC Bryan 2.15pm	Hairdresser 1.45pm BINGO Bryan 121's-Small lounge	FLOWER ARRANGING 2.45pm Sharon 	Ann 121's 11.15am Bedrooms ***** QUIZ 3.15pm Sharon	10.30am Bryan SINGING 	Tea in the Lounge Songs of Praise